



The Kea Education and Community Coaching Trust (KECCT) has been set-up to provide managers and those in leadership roles within schools and NGOs with access to free/low costs professional coaching and training on coaching. Coaching is also available to the clients of NGOs

All coaches are either members of the International Coaching Federation, or an equivalent professional body, and provide the coaching for free, or at a significant discount.

Funding comes from fees, grants and donations.

FAQs about Coaching

What is professional Coaching?

Professional coaching is an ongoing partnership between coach and client, in which the client is guided to achieve fulfilling results in their personal and professional lives.

Through the process of coaching, clients typically deepen their awareness and learning and achieve more effective results more easily, and enhance the quality of life.

What happens in a coaching session?

That is up to you and your coach to design. Typically, the coaching session would be:

- A discussion centred on challenges you are facing, or opportunities you want to make the most of.
- An agreement on what strategies and actions you will need to take to meet your challenges or to take advantage of your opportunities.

Working with the Trust

The Trust offers:

- Six 1 hour one-on-one coaching sessions for a School/NGO leader or manager.
- Six 1 hour one-on-one coaching sessions for a client of an NGO.
- Group Coaching – number of sessions based on applying organisations requirement.
- A 1 day coaching for managers' workshop.

The cost for the above services is based on affordability and may be free. You can express interest in any of these Trust offerings by contacting the trust by phone or email:

Contact: Loudon Keir

Tel: 027 338 4450

Email: Lrkeir58@gmail.com

You will then be contacted by a member of the Trust who will discuss your requirements.



Working together to build a better community